Toronto metro

WEDNESDAY, AUGUST 10, 2016

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NOW WITH LIMITED TIME OFFERS.

Ultimate model shown♦

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ELANTRA DELIVERS MORE THAN THE COMPETITION. THAT'S THE HYUNDAI ADVANTAGE.

☑ 5YR WARRANTY††	☑ HEATED FRONT SEATS	☑ HEATED STEERING WHEEL	☑ TOUCH-SCREEN
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CANADA GETS MORE BLING

PLUS: Soccer team nets historic win over Germany

metroRIO

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LOTTO 649

Toronto metro

CANADIAN MEDAL COUNTER

0 1 4

METEOR SHOWER

Where to get starstruck in Toronto

metroNEWS

WEDNESDAY, AUGUST 10, 2016

High 31°C/Low 22°C Mainly sunny

TRY TO KEEP IT *cool*

As T.O. prepares for the hottest — and longest — heat wave of the summer, tenants stuck in sweltering apartments are waiting for relief

metroNEWS

Nineteen-month-old Arhum Khan cools off in the fountains of Yonge-Dundas Square on Tuesday. LIZ BEDDALL/METRO

Niagara now a hop away

BILLY BISHOP AIRPORT

Daily flights — 15 minutes each way — starting Sept. 15

May Warren
Metro | Toronto

In less time than it takes to make your way around Toronto, you could soon be in Niagara.

That's the promise of new daily roundtrip flights from Niagara District Airport to Toronto's Billy Bishop and back. The promise: About 15 minutes each way. Greater Toronto Airways announced the flights Tuesday with an expected start date of Sept. 15.

David Nissan, the company's vice-president of operations, said the trips will be on a twin-engine, eight-seat plane.

At $85 one way and $159 roundtrip, the four daily flights are timed to get business travellers into either city for early meetings and back in the evening.

It's also aimed at tourists.

"There are a lot of business commuters that live in the Niagara district, that whole area, that come to Toronto," Nissan said. "Instead of wasting two hours, we want to help them save some time and have a nice scenic flight."

With such a small plane, passengers will be able to skip security and show up about 15 minutes before takeoff. But, word to the wise, there's no bathroom on board.

Alan Caslin, chairman of Niagara regional council, pitched Porter on a similar idea in June, but it never got off the ground.

He doesn't have the exact numbers of commuters travelling between the GTA and Niagara but said it's a "significant."

"This just takes that burden off the QEW and the other transportation systems we have," he said. "When you talk about the cost of parking in Toronto, the costs of gas and the wait time that you're going to be spending on the highway, it becomes pretty attractive."

Similar commuter flights have already taken off in Europe. The Guardian has reported on people who live in Spain and fly to London, U.K. several times a week because it's cheaper than facing London's stiff rent.

*Cold weather and other environmental factors may limit system. Operates at low speed or when parked. Do not rely exclusively on the system as it is not intended to replace safe attentive operation of the vehicle. You should also look around outside your vehicle, over your shoulder and use your mirrors to confirm clearance.

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[1]The Scotiabank StartRight Program is created for Landed Immigrants from 0-3 years in Canada, International students and Foreign Workers.

metro NEWS
Your essential daily news
Wednesday, August 10, 2016

Starstruck: Light show of a lifetime

An extra-special Perseid meteor shower will produce an out-of-world shooting star show this week. Christa Van Laerhoven, postdoctoral fellow at Canadian Institute for Theoretical Astrophysics, tells you why and what to expect in Toronto.

MAY WARREN/METRO

What is it?

"When comets come close to the sun they essentially disintegrate because they're exposed to a lot more heat than they're used to and a whole bunch of debris comes off of them," Van Laerhoven said. "A meteor shower happens when the Earth passes through one of the debris streams. The little pieces of debris burn up in our atmosphere."

It happens every year, so what's so great about this year's Perseid meteor shower?

"Recently, part of the debris stream that we're going to go through did a nice orbital dance with Jupiter," said Van Laerhoven. "We're going to pass closer to the centre of the stream than normal, which means there's more debris."

So what will I see?

"Normally, the rate for meteors is something like 80 per hour. This year we could see 150 or 200 an hour," according to Van Laerhoven. "It's very much depends on how dark it is in the area around you. If you're in Algonquin Park, you'll see a whole bunch of them. If you're right next to the CN Tower, not so much."

What's the best date and time to watch it?

People are already starting to see some shooting stars. But, the best time catch the shower is Thursday and Friday. The peak will be Friday at about 1 a.m.; that's when the sky will be at its darkest.

Where's the best place to watch it in Toronto?

The darker the sky the better. Van Laerhoven, for example, lives near High Park and recommends sneaking to "a grassy open field there, lying down and staring at the sky."

What should I bring?

"Something comfortable to lie on because the key with seeing meteor showers is patience," said Van Laerhoven. It takes your eyes a while to adjust.

Do I need a telescope or binoculars?

Van Laerhoven recommends using the naked eye. "Most of these things flash and then are gone quite quickly so it would be hard to snap your binoculars up to your face," she said.

TTC

Children's Aid, police investigate after girl, 9, found alone on bus

Children's Aid has joined the Toronto police to investigate how a nine-year-old girl made her way from the city's west end to downtown via a TTC bus at 3:30 in the morning.

A passenger spotted the girl on a TTC bus near Yonge and Adelaide streets at around 3:30 a.m.

No one was looking for her at the time, as police say a missing person report for the nine-year-old child was not called in.

Rob Thompson, director of communications at Children's Aid Society, said in a cases like this, a CAS after-hours emergency staff member would be called to attend the scene and bring the child into the organization's care, or work with police.

"Then they would make a determination … on whether the child slipped out by accident or wandered away on purpose, or was kicked out, thrown out, left out," he said.

Toronto police have located the father, but it's unclear when he will be reunited with his daughter.

"Together with the police, the CAS worker would interview the parents, maybe even visit the family home just to have an idea as to what life may be like there and see what's going on," he said.

"The social worker would determine what the state of the family was and whether this was an unfortunate circumstance or something more neglectful."

Officers believe the girl began her trip from the city's west end, in the 23 Division area.

For TTC operators, the protocol for reporting unaccompanied children is similar to reporting other incidents on board.

Operators "contact our transit control centre, who would notify police or special constables depending on the situation," said Ross.

A passenger spotted the girl on a TTC bus near Yonge and Adelaide streets at around 3:30 a.m. TORSTAR NEWS SERVICE FILE

"It's very difficult to make those judgment calls and we're not going to second-guess our operators, but they have discretion on those matters."

As for CAS cases involving unaccompanied young children similar to this, Thompson said, "It doesn't happen every day."

Late last month, two young girls were found wandering a street in the city's west end by themselves just before 7 a.m.

In that case, Toronto police say the girls, who were both three years old, were believed to have simply woken up early and gone outside together.

They were reunited with their mother at a police station.

TORSTAR NEWS SERVICE, WITH FILES FROM THE CANADIAN PRESS

RICHMOND HILL

Albino raccoon catching attention

It appeared like a vision — sniffing around a tree, wriggling itself under a plant, strolling along the metal fence with a swagger that did not subside despite a dog's barks metres away.

The at-first unidentifiable white animal was in Paula Gianasi's Richmond Hill backyard late last month. It had the shape of a small raccoon, but certainly not the colour, so Gianasi followed it and took pictures from afar with the hope of later finding out what it was.

"The next day I thought, I have to find out what it is, because I've lived here 37 years, I've seen every animal under the sun, I've seen a lot of wild animals, but I have never seen ... " Gianasi said, trailing off.

She called animal control services, the Town of Richmond and finally her local newspaper, which published an article and photos she'd taken of the white animal, speculating it could be a possum.

But as soon as York University professor Suzanne MacDonald, who specializes in urban wildlife behaviour, saw the photos, she says she knew it was an albino raccoon.

"I knew right away — that's not a colour variant found in raccoons so it had to be albino," she told Torstar News Service in an email Tuesday, adding albinism occurs in one in every 10,000 animal births.

"They are more common than you might think," she said, but the babies don't usually survive very long due to health problems, like blindness, "so we don't see very many of them."

When Gianasi heard what it might be, the encounter felt even more unusual. In church Tuesday, she joked it was her spirit animal. She's called it "Neige," which is French for snow.

"It is special; I feel very special that I saw this beautiful creation that is rare," Gianasi said.

TORSTAR NEWS SERVICE

The apparent albino raccoon.
COURTESY PAULA GIANASI

Fence hopes to make good ferry, Clefairy neighbours

JACK LAYTON TERMINAL

Pokémon Go players hinder island-bound passengers

Luke Simcoe
Metro | Toronto

The city will install fencing at Harbour Square Park to separate people there to catch a ferry from those trying to catch a Clefairy.

Since the release of Pokémon Go, the area around the Jack Layton Ferry Terminal has become a popular destination for players looking to capture the digital creatures.

But the influx of people has made it difficult for the 25,000 daily ferry passengers to come and go, said parks and recreation spokesman Matthew Cutler.

City staff met Tuesday to discuss the problem, and Cutler said they settled on adding fencing and signs to "delineate where traffic moves and where people can play."

The signs may take time to arrive, but Cutler said fencing is "a quick solution" and could materialize in the next few days.

Cutler said players will still be able to access the parts of the park where Pokémon are located. He even downloaded the game himself to double check.

"Admittedly, it's a bit addictive, so I'm going to have to stop myself from logging in for things other than research purposes," he said.

Going forward, Cutler said the city will be doing outreach work with the Pokémon community to help mitigate issues like congestion, noise and litter.

"We have connections with some of the larger Facebook groups of people involved in the game," he said.

"They've said they want to be involved and want to support us through this process."

Jack Layton Ferry Terminal in downtown Toronto is one of the hottest destinations for Pokémon Go players, but the influx of people has caused problems with pedestrian congestion. TORSTAR NEWS SERVICE

> I'm going to have to stop myself from logging in for things other than research purposes.
> Matthew Cutler

YORK REGION

Erratic driver was playing Pokémon behind wheel

It's not the kind of call police were expecting at 3 a.m.

It started out routinely enough. Reports of a car being driven erratically on Monday near Keele Street and Teston Road reached York Regional Police, who sent out the chopper and followed the car as it drove, stopped, started again, then suddenly pulled a quick U-turn.

Their worry was that the driver was impaired, "or looking to do break-and-enters," YRP spokesman Const. Andy Pattenden said.

Turns out, the driver was playing Pokémon Go.

Video footage from the chopper shows officers stopping the vehicle near Saint Joan of Arc Avenue and Drummond Drive to question the driver, who revealed he was on a mission to catch Pokémon. In the video, an unnamed officer can be heard saying "hopefully he got all his Pokémons (sic)."

It's the latest in the renewed tension between players of the immensely popular game and public officials trying to find a way to deal with Pokémon Go players pursuing their quarry at all hours of the night and day.

In this case, Pattenden said he wasn't sure the driver had broken any laws. If the game was being played while the car was being driven, it could qualify as distracted driving, which is punishable by a $490 to $1,000 fine and three demerit points. But police would need conclusive proof the driver was operating the phone while driving, he said, adding it looked as if the driver didn't come to a complete stop at a stop sign at one point in the video, which is a traffic violation.

"It definitely appears that he's driving distracted, just with the method with which he's driving: stopping, turning. It's really up to the officer whether they lay a charge or not," Pattenden said. In this case, the officer let the driver off with a "stern warning."

TORSTAR NEWS SERVICE

> It's really up to the officer whether they lay a charge or not.
> Const. Andy Pattenden

A police helicopter spots a driver out catching Pokémon around 3:30 a.m. Monday in Vaughan. CONTRIBUTED

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GRAND OPENING TOMORROW

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7AM.

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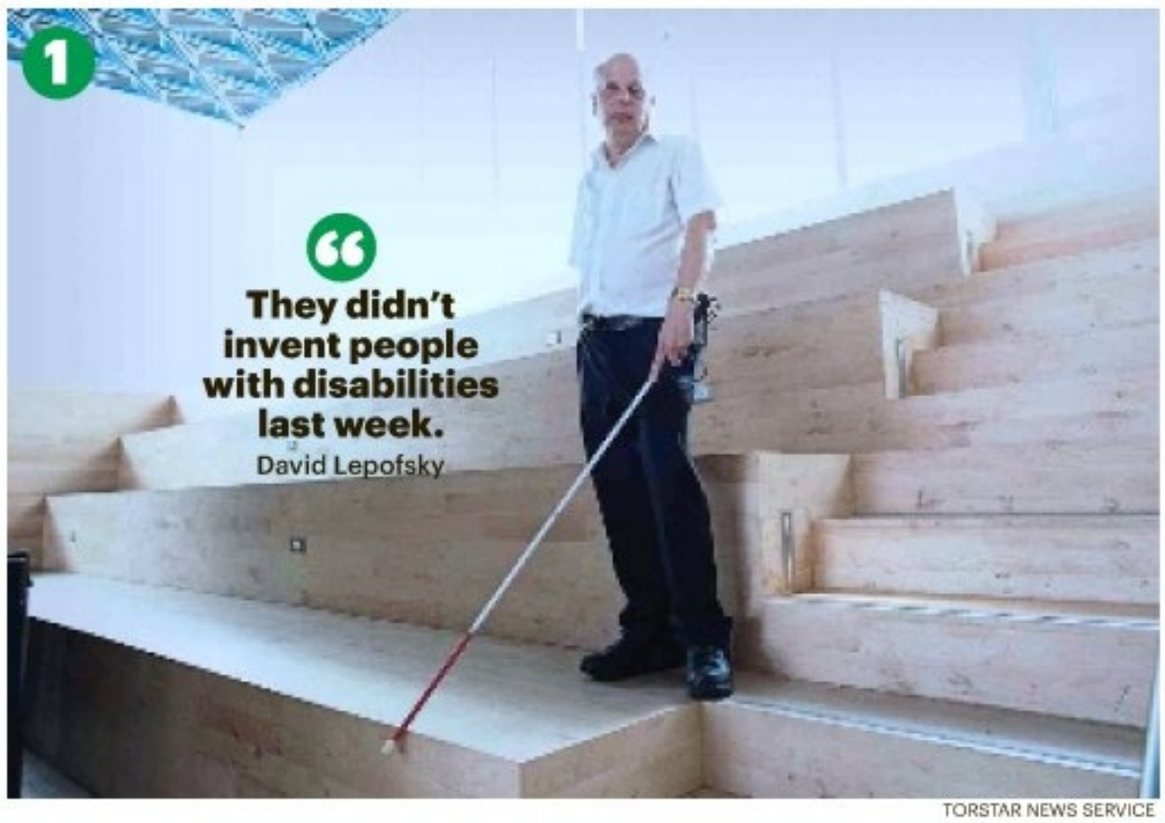
Time to break down barriers

Under the Accessibility for Ontarians with Disabilities Act (AODA), Ontario needs to be fully accessible by 2025. David Lepofsky, chair of the AODA Alliance, doesn't see the goal as realistic. He points out flawed areas in buildings constructed in the city in the last five years, with money from the public purse.

TORSTAR NEWS SERVICE



TORSTAR NEWS SERVICE

TORSTAR NEWS SERVICE

COURTESY HORST HERGET PHOTOGRAPHY

1 Ryerson University's Student Learning Centre, 341 Yonge St.

The "hangout steps" out front and in the lobby are restrictive, said David Lepofsky. People in wheelchairs can't use the stairs for their intended use: socializing. The wheelchair ramp winds through them.

Construction finished in February 2015 and cost $112 million. The provincial government chipped in $45 million. Now, the Student Learning Centre accommodates an estimated 9,000 to 12,000 people per day.

In the lobby, six touch-screen computers offer info about building services, but Lepofsky can't use them because they don't have Braille overlays.

Ryerson staff said his concerns would be referred to the school's accessibility team, the Built Environment Working Group.

2 Women's College Hospital, 76 Grenville St.

Crossing the intersection to get to the hospital, Lepofsky, who is blind, pointed out the lack of audio indicators of when to cross the street.

The hospital's entrance has poles on either side of the doors with sensors, requiring guests to wave a hand for doors to open, rather than opening automatically. The washrooms have signs in Braille, but Lepofsky points out the Braille only indicates room numbers — not whether the washrooms are meant for men, women or families.

Opened in June, the Women's College Hospital was a public/private partnership costing $450 million.

Staffers said they're working on solutions to fixing the front entrance.

3 York University's Osgoode Hall Law School, 4700 Keele St.

Recent renos included adding leaning pillars in the main atrium. The columns jut outward and have caused people to hit their heads, Lepofsky said. A spokesperson from York said they are looking at solutions.

A newly renovated Osgoode Hall opened in 2012, with help from the federal and provincial governments, who each donated $12.5 million to the project. The law school accommodates about 1,000 students and 150 staff members during the school year.

Osgoode Hall commissioned a study on wayfinding issues for the building. Staff said they're still mulling how to provide solutions. They say the pillars are integral to keeping the building standing, according to staff.

COMMUNITY

Group to help youth cope, avoid violence

Gilbert Ngabo
Metro | Toronto

A new campaign is taking a social media approach to addressing the growing problem of gun violence in the city.

Starting Thursday, a series of posters, short videos and public service announcements will start circulating on different platforms, discussing possible solutions and conflict-management techniques that can help curb the trend.

It's part of the Just Think 1st initiative, a campaign reaching out to youth in different communities with the goal of helping them cope with social issues leading to the use of aggressive force.

"There's a disproportionate amount of gun violence in some communities from Port Union to 427," said Roderick Brereton, founder of Urban Rez Solutions, a Toronto-based anger and change-management consulting firm.

The group has worked with youth in communities such as Malvern, Lawrence Heights, Flemingdon Park, Regent Park and Rexdale.

The bulk of their interventions have been focused on encouraging youth to control negative feelings, most of which stem from living in "disenfranchised, poverty-stricken communities," Brereton said.

The new initiative is an attempt at spreading the message in a way young people are more likely to embrace.

"Some youth don't have the patience to read a full paragraph," said Brereton.

"But if a flyer to our community session looks like a party or a new movie coming out, they're likely to read it."

The goal is to get youth thinking critically about people they care about and project that to the rest of the community.

"We're all trying to close this social gap between policing and community," Brereton said.

Roderick Brereton, left, and social activist Farley Flex have joined that Just Think 1st initiative. CONTRIBUTED

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QUEEN'S PARK

Tim Hudak to resign for real estate job

Politicians of all stripes praised Tim Hudak on Tuesday after the former Progressive Conservative leader announced he's quitting the legislature to become CEO of the Ontario Real Estate Association.

Hudak was first elected at age 27 in the Mike Harris-led Tory sweep that defeated the one-term New Democrat government of Bob Rae in 1995.

Four years later he found himself at the cabinet table as minister of tourism and then minister of consumer and business services.

His wife, Deb Hutton, was a senior adviser to Harris when the two met and married.

Hudak, 48, was elected PC leader in 2009, but failed to defeat the Liberal government in the 2011 and 2014 elections, even though the Conservatives had big leads in public opinion polls heading into each campaign.

He came under widespread criticism even from many Conservatives in the 2014 campaign when he promised to fire 100,000 public sector workers if the Tories got elected, an issue many blamed for their defeat.

Hudak emerged as a stronger MPP after stepping down as leader following the 2014 defeat, championing the sharing economy and more liberalized liquor laws, but never seemed to see eye-to-eye with new PC Leader Patrick Brown.

He's also been hosting a radio talk show on weekends that is syndicated in several Ontario cities.

Premier Kathleen Wynne has six months after Hudak resigns to call a byelection in his riding. There is also a vacancy in the Ottawa-Vanier riding created when former attorney general Madeleine Meilleur resigned in June, and that vote must be called by December.

THE CANADIAN PRESS

Toronto isn't any closer to implementing a maximum temperature bylaw for apartment buildings, meaning tenants without air conditioning will be stuck sweltering during this week's heat wave. TORSTAR NEWS SERVICE FILE

Little relief from heat

ENVIRONMENT

Residents without air conditioning out of luck

Luke Simcoe
Metro | Toronto

As Toronto prepares for the hottest — and longest — heat wave of the summer, tenants stuck in sweltering apartments are still waiting for the city to grant them some relief.

Environment Canada issued a heat warning Tuesday, calling for hot and humid temperatures to continue until Friday. The humidex is expected to reach as high as 42 C on Wednesday.

That's bad news for people like Jennifer Decan, whose Yorkville apartment doesn't have air conditioning.

"This summer has been quite rough," the 32-year-old said. "Opening the door to my apartment is like opening an oven door."

Decan said the heat makes it hard to sleep at night, but she worries most about her pets. "I have a small dog and a cat, and I can just see how uncomfortable they are," she said.

Newer buildings in the city are required to keep temperatures below 27 C, but there isn't a rule for older buildings without central air.

Last summer, Coun. Mary Fragedakis floated the idea of a maximum temperature bylaw for all apartment buildings in the city. But, unfortunately for Decan and others, little progress has been made on the file.

Council last discussed the issue May 3, when they voted to ask the province to cover the cost of public consultations. It's an issue Geordie Dent, executive director at the Federation of Metro Tenants' Associations, hears about almost daily.

"We're getting a lot of calls and complaints about air conditioning or apartments being too hot. We're hearing of fights between tenants and landlords over whether you can actually have an air conditioner," he said.

Decan says her landlord charges a fee for units with AC. It's legal, but she doesn't think it's fair.

"I'm not sure if they should be responsible for installing ACs in every unit, but there definitely should not be a premium placed on your rent if you want to add one," she said.

In the meantime, the city suggests tenants without AC drink lots of water, keep the blinds closed and use fans.

"It doesn't matter that I have two fans going," Decan replied. "That's just literally pushing around the hot air."

> "Opening the door to my apartment is like opening an oven door." Jennifer Decan

unleash your inner orange

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*Entrance is on the side of the building facing Ellesmere and parking is available in front of the store.

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Santorini reg ~~$1079~~ now **$979**
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Tokyo reg ~~$1269~~ now **$1169**
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Auckland reg ~~$1349~~ now **$1249**
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Sao Paulo reg ~~$1349~~ now **$1249**
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reg ~~$1005~~

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Sandman Hotel Vancouver City Centre
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pentahotel Prague

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Hong Kong Flights + 6 Nights 4-Star + Experience reg ~~$1575~~ now **$1475**
Cosmopolitan Hotel
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Boracay reg ~~$2149~~ now **$1999**
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INCLUDES 4-star boutique hotel overlooking world-famous White Beach **PLUS** island-hopping tour and roundtrip airport transfers. Departs Sep 27/ggv/pr.

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Beaches planning a hero's welcome

RIO2016

Community to honour double medallist with parade

Gilbert Ngabo
Metro | Toronto

Preparations for a Penny parade are in full swing.

Well before Olympian Penny Oleksiak is even done competing in Rio, a group of people in the Beaches have started planning a heroic homecoming on her return to Toronto.

Politicians, business owners, sports enthusiasts and neighbours are all chipping in.

"We're a small town within a big city, and we're just so proud of her," said Johanna Carlo, one of the parade organizers. "I'm personally so inspired by young people. The maturity and composure she's shown at these events is so phenomenal."

Oleksiak grew up in the neighbourhood and goes to the Monarch Park Collegiate Institute. The 16-year-old swimmer has taken the competition by storm, netting two medals in the first two days. She has a shot at a third Wednesday in the 100-metre freestyle and has more competitions later in the week.

Carlo, a chiropractor who often treats athletes living and training in and around the Beaches, said the parade will be just one way to celebrate what Oleksiak and other area athletes accomplished in Rio.

Beach volleyball player Kristina Valjas along with sprint kayakers Kathleen Fraser and Genevieve Orton also hail from the neighbourhood. The two kayakers even train at the Balmy Beach Club, which hasn't sent an athlete to the Olympics for "many, many decades," said Carlo.

The storefront of Beaches chiropractor Johanna Carlo is among those showing support for Penny Oleksiak and other local athletes loud and proud. CONTRIBUTED

"These Olympic athletes represent our own values as a neighbourhood and the city," she added. "We're always thriving ... for excellence, courage, inspiration and quality. That's a reflection of what we hold dear, and that's what they are doing in Rio."

Canada's Penny Oleksiak shows her silver medal that she won in the women's 100-metre butterfly at the 2016 Summer Olympics in Rio de Janeiro, Brazil. LUCAS OLENIUK/TORSTAR NEWS SERVICE

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RIOKeeping track of Toronto's athletes

Metro is keeping you posted about when you can catch talented athletes from Toronto and the GTA in action.

SWIMMING

IAN MACNICOL/GETTY IMAGES

WHO: Penny Oleksiak
WHAT: Swimming
WHEN: Women's 100-metre freestyle starts at 12:30 p.m. Wednesday. The Toronto teen will be looking to win her third medal.

TORSTAR NEWS SERVICE FILE

WHO: Martha McCabe
WHAT: Swimming
WHEN: Women's 200-metre breaststroke heats start at 12:47 p.m. Wednesday. The Toronto native won bronze at the 2011 World Championships and finished fifth at the 2012 London Olympics.

JUDO

COURTESY

WHO: Kelita Zupancic
WHAT: Judo
WHEN: The Round of 16 for women's 70 kilogram starts at 10:31 a.m. Wednesday. The 26-year-old judoka from Whitby has won gold medals at the 2010, 2013 and 2015 Pan Am judo championships. She finished ninth at the 2012 London Olympics.

ROWING

COURTESY

WHO: Jennifer Martins
WHAT: Rowing
WHEN: Women's coxless pair finals will start 11:30 a.m. Wednesday. Martins, who's from Toronto, will pair up with Calgary's Nicole Hare for the battle. She won a bronze medal in the 2015 FISA World Championships.

metro

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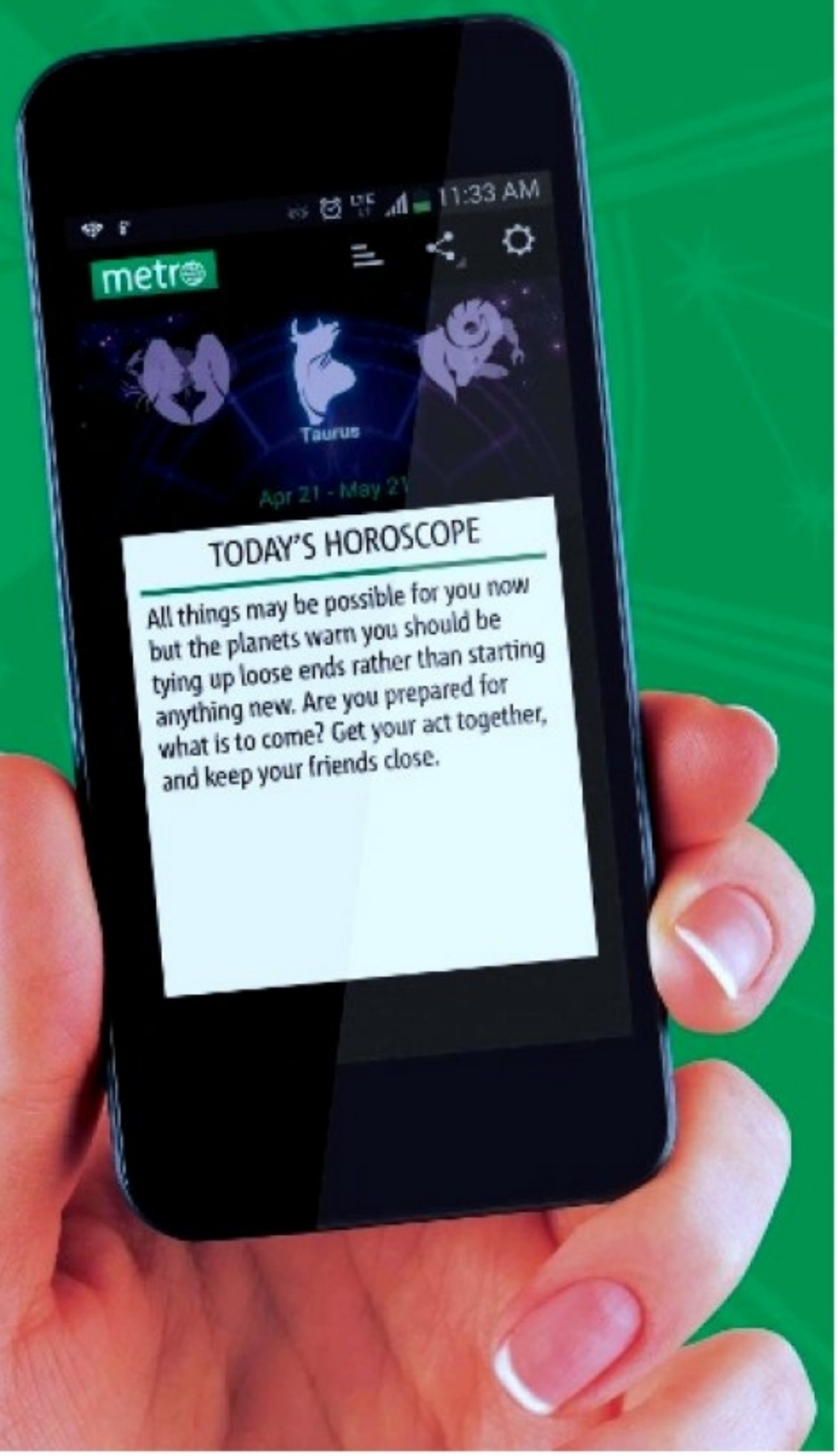

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Sailors afflicted by warship outbreak

MILITARY

Hand, foot and mouth disease aboard HMCS Charlottetown

A Canadian warship deployed at sea on a NATO mission has been hit by an outbreak of hand, foot and mouth disease, Torstar News Service has learned.

Some 20 sailors aboard HMCS Charlottetown came down with the contagious disease in recent days, which can cause painful sores and lesions on the tongue and gums as well as on hands and feet.

A military spokesperson confirmed the outbreak and said that personnel were being treated to ease the symptoms of hand, foot and mouth disease (HFMD).

"Members with HFMD on board HMCS Charlottetown are being treated to help alleviate their symptoms as required," Capt. Nicola LaMarre said.

The frigate sailed from Halifax on June 27 to take part in Operation Reassurance, Canada's contribution to NATO deterrence deployments in Eastern Europe.

In mid-July, the ship was in the Black Sea where it participated in NATO operations, including exercises to hone anti-submarine warfare skills.

It's back in the Mediterranean Sea and spent the weekend docked in Souda Bay, on the Greek island of Crete, for a scheduled port visit.

As HMCS Charlottetown returned to sea Tuesday, there were just two active cases of hand, foot and mouth disease on the frigate, LaMarre said.

"None of the cases of HFMD on board HMCS Charlottetown have caused serious illness or impacted operations. All of the members are being treated by the medical personnel on board the ship in accordance with established medical protocols," she said. TORSTAR NEWS SERVICE

+ MEDICAL CARE

Canadian frigates, which sail with a crew of just over 200, don't usually carry a doctor.

- Medical care is provided by a physician's assistant, who can consult with doctors onshore.
- There is no specific treatment for hand, foot and mouth disease, though medication can relieve the symptoms.
- It can be spread by close personal contact, coughing, sneezing and touching infected surfaces.

TRUDEAUMETRE

Website engaging global audience

Lucie Edwardson
Metro | Calgary

The idea of a Calgary man to hold Prime Minister Trudeau accountable for his election promises has taken international flight.

Dom Bernard is the owner of Covosoft and creator of the Trudeaumetre — a non-partisan website that tracks the prime minister's election promises and allows citizens to enter into a dialogue about them.

"People are always commenting on promises that matter to them," he said. "There are some platforms out there that are more biased, but our website we made sure it was non-partisan — it's free and open to everyone."

Not just to Canadians, either.

"People around the world have been contacting me," he said. "When that happens and someone from Argentina or India or wherever reaches out I just give them the code and the framework and say go ahead and do it."

Websites using Bernard's idea, code and framework have since popped up in Argentina, Sweden and Jamaica. Bernard said one will soon launch in India.

So far on Trudeaumetre, Bernard and his team have seen action on 114 out of 220 promises. No progress has been made on 106 of them, 62 are in progress, 34 have been achieved and 18 have been broken.

Ugandan LGBTQ swimmers in Edmonton for international competition are thrilled to be seen as equals. KEVIN TUONG/FOR METRO

EQUALITY

Ugandan LGBT swimmers embrace opportunity to swim in Edmonton

Alex Boyd
Metro | Edmonton

When the police raid started, Adebayo Katiiti was on a nightclub runway, about to hand over his crown to Uganda's new Mr. Gay Pride.

"They started grabbing people, beating trans women, beating trans men, beating us up," he said. "It was really too much."

That was last week.

This week, the personal trainer and football player is in Edmonton as part of a five-person Ugandan team competing in the International Gay and Lesbian Aquatic championships for the first time.

It's an abrupt change of scenery.

"Whenever I think about it, I even dream about it, it is always on my mind," he said of the raid. "At least bringing me here to the competition, it's going to make me feel calm."

This year's championships have attracted 400 athletes from 10 countries to the city, where they'll face off in events like swimming, diving and water polo. But if it's about athletics, it's also about bringing together a community that still faces widely different circumstances worldwide.

"Sports are really important (and) what better way to show we can participate?" event co-chair Mike Stansberry said at a roundtable Monday. "Sports unite people."

This is the first time a Ugandan team has been able to take part in IGLA.

While team members point out their country has a vibrant LGBTQ scene, same-sex activity is punishable by up to 14 years in prison, which has made public activism difficult.

The east African nation is one of the 74 countries where same-sex relationships are illegal, according to the International Lesbian, Gay, Bisexual, Trans and Intersex Association.

Aleppo in a dire situation

MIDDLE EAST

Besieged city in Syria is home to more than 250,000 people

Karaj al-Hajz corridor in the rebel-held part of Aleppo, leading towards the government controlled area of the Masharqa neighbourhood in the background. AFP/GETTY IMAGES

Experts painted a graphic portrait of barrel bombings, attacks on medical facilities, chemical weapons use and the ongoing suffering inside the besieged Syrian city of Aleppo, shaming the international community for its inaction at an informal Security Council meeting organized by the United States.

Dr. Zaher Sahloul, a Syrian-American doctor from Chicago, told the meeting held Monday that medical facilities in eastern Aleppo are routinely targeted, creating a situation where people are dying from treatable conditions for lack of medical care and basic supplies.

Sahloul said he asked a nurse there what she wanted most from the United Nations and she replied that she wanted help evacuating a 10-year-old girl named Shahd who was wounded by a barrel bomb and is now dying due to a shortage of medicine.

"We don't need condemnations, prayers or pointing fingers, we had enough of that. I ask you to meet the people of Aleppo and see them as humans. I have one request, besides saving Shahd, visit Aleppo yourself and meet with its doctors, nurses and patients. If three doctors from Chicago were able to do that, you can do it," Sahloul told diplomats.

Sahloul then showed slides showing women and child victims.

Currently, more than 250,000 people are besieged by government forces in the eastern part of Aleppo, a city that has been divided into rebel and government-controlled parts since 2012.

The government completely closed the main road into the rebel-held areas of Aleppo on July 17, effectively cutting off all supplies and exit routes.

Rebels breached the Syrian government siege on opposition neighbourhoods in Aleppo on Saturday, opening a corridor in the south and marking a major military breakthrough, but observers said civilians still don't have a safe route out because of intense airstrikes and shelling in the area.

UN officials in Syria also urgently called for a humanitarian pause to repair Aleppo's damaged water and electricity infrastructure and provide aid to those trapped in the eastern part of the city.

Abdullah Nawhlu, a member of Syrian Civil Defence, a neutral and impartial humanitarian group, speaking by video from Aleppo, described a dire situation with rapidly dwindling stocks of food and fuel, not to mention medical supplies.

"If the siege of Aleppo continues ... greater humanitarian disasters will happen, as there will be no medicine for the injured and no flour for people to bake with," Nawhlu said as a constant barrage of gunfire could be heard in the background.

Meanwhile, the UN and its partners said they are "ready to roll" with aid to Syrians, but the deteriorating security situation in the country is keeping it from being delivered. Undersecretary-General Stephen O'Brien said the risk "has been too grave, too difficult." THE ASSOCIATED PRESS

BY THE NUMBERS

35

The number of physicians remaining in the city.

15

The number of health care facilities attacked in Aleppo in July alone.

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One way to stop Clinton: Trump

U.S. ELECTION

Armed citizens may be needed, candidate jokes

Republican presidential candidate Donald Trump. GETTY IMAGES

Even by Donald Trump standards, this was a surreal campaign controversy.

After suggesting for days that the election might be stolen from him, the Republican nominee Tuesday appeared to joke about armed citizens stopping his opponent Hillary Clinton.

Democrats called his language dangerous. Trump said his remarks at a rally were misinterpreted. Republicans lamented another wasted campaign day, stuck in controversy rather than rolling toward a vote-winning message.

Trump was lamenting to supporters about what might happen if his opponent won and reshaped the Supreme Court with liberal judges, who would then undo constitutional gun rights: "If she gets to pick her judges, nothing you can do, folks."

"Although (with) the Second Amendment people, maybe there is, I don't know."

That reference to the constitutional right to bear arms prompted very different interpretations — ranging from some who saw it as an innocuous call for gun owners to organize politically, to others who saw it as a joke about insurrection, to those who saw it as a crack about political assassination.

A man seated behind him on stage at the North Carolina rally reacted in surprise, his mouth popping open. The man turned to the woman beside him, who was chuckling.

THE ASSOCIATED PRESS

Jole and Michele have been married for nearly 70 years. THE ASSOCIATED PRESS

ITALY

Pasta with a side of humanity

Police in Rome have come to the "rescue" of an elderly, quarrelling couple by cooking them two plates of pasta.

The 94-year-old man and the 89-year-old woman – married for nearly 70 years – were shouting and crying recently at their home in an apartment building in the Appio neighbourhood of Rome.

According to a police statement posted to Facebook, the couple, named Jole and Michele, told the police they were lonely. No one had visited them in a long time.

Jole in particular was upset at the stream of bad news she watched on the TV each night.

"Attacks, child abuse … Jole wonders why there is so much evil in the world," the Facebook post said. "Sometimes the loneliness melts into tears."

The post said the four officers realized there was no crime in progress and no forms to fill out. The couple were just "two souls" who needed reassurance.

So the officers set to work treating them to dinner, using the couple's tiny kitchen and what ingredients they had at their disposal: spaghetti, butter, cheese plus a "precious ingredient — all their humanity."

One officer cooked at the stove while the other three set about to entertain their new friends, the statement said.

And the couple ate with gusto.

THE ASSOCIATED PRESS

Thanks to a focus on food quality and customer experience, A&W is now expanding rapidly in Canada. THE CANADIAN PRESS

LENDING

Instalment loan debt rising: TransUnion

Debt levels on short-term, high-risk instalment loans grew by 6 per cent in the second quarter of 2016, double the pace of more traditional loans, suggests a TransUnion report to be released Wednesday.

TransUnion's Industry Insights Report for the second quarter found balances and delinquencies on instalment loans rose significantly from 2015 to 2016, outpacing the average across all types of loans studied, including auto loans, credit cards and lines of credit.

BY THE NUMBERS DELINQUENCIES

7.6%
Rise in delinquencies year-over-year to 3.6 per cent of all instalment loans.

2.4%
Drop in delinquencies on more traditional products such as lines of credit to 0.8 per cent of all loans.

Instalment loans are often offered by alternative, non-bank lenders to consumers who do not qualify for more traditional bank loans because their credit has been damaged. Some carry interest rates as high as 59.9 per cent, just shy of the 60-per-cent rate considered illegal in the Criminal Code.

Delinquency levels — loans that are 90 or more days past due — have risen on instalment loans in the past year, though that's largely concentrated in Alberta and tied to the downturn in the oil sector, said Jason Wang, TransUnion's director of research and analysis in Canada.

TORSTAR NEWS SERVICE

Healthy food boosts A&W sales

RESTAURANTS

Fast-food operator expanding across Canada

Bolstered by an ongoing strategy to beef up its food quality and customer experience, A&W is now expanding rapidly in Canada despite the challenging environment fast-food giants face.

While some market leaders appear to have stumbled navigating changing consumer demands for healthier foods made up of more high-quality ingredients in recent years, A&W has continued to post record strong growth, according to food analysts.

For its 2015 financial year, the fast-food operator reported same-store sales growth of nearly eight per cent, said Elizabeth Johnston, equity research associate for Laurentian Bank Securities. That's higher than most of A&W's quick-service competition, which has recently ranged anywhere from negative one per cent to five per cent.

McDonald's Canada, by way of comparison, recorded several years of sliding sales figures and operating profits before marginally beginning to post improvements in 2016, according to estimates by industry research firm IBISWorld's April report on the Canadian fast-food restaurant industry.

A&W, however, has been ahead of the curve by incorporating higher quality ingredients in its food, said IBISWorld industry analyst Andrew Alvarez, "which has helped them significantly."

In 2012, the chain started serving up beef from cows raised without the use of hormones or steroids. The company followed that up with chicken and pork raised without the use of antibiotics, and eggs from hens fed a diet free of animal byproducts.

THE CANADIAN PRESS

IN BRIEF

Delta systems still slow
Delta Air Lines says some computer systems are still working slowly more than a day after an outage crippled the airline and led to more than 1,500 cancelled flights. Delta cancelled more than 1,000 flights Monday and more than 500 Tuesday.
THE ASSOCIATED PRESS

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metro VIEWS
Your essential daily news
Wednesday, August 10, 2016

ROSEMARY WESTWOOD
ON CAMPUS SEXUAL ASSAULT

A new report obtained by Metro suggests that Ontario's widely lauded sexual assault law, which has formed the basis of similar bills in B.C. and Manitoba, will direct schools to focus resources in the wrong places.

If you had any doubt that Canadian universities are woefully ill-equipped and objectively ineffective at dealing with sexual violence, we now have research to prove it.

It's a fact that media investigations have revealed in recent years that sexual violence advocates and survivors know all too well.

And it's now borne out by the most comprehensive report on experiences of campus sexual violence completed in this country.

"The Response to Sexual Violence at Ontario University Campuses," a scathing, 56-page research report, has been obtained by Metro. The result of an independent investigation funded by the Ontario government, it calls for a "massive change" in how schools handle sexual violence, says principal investigator Dawn Moore, an associate professor of law at Carleton.

The report singles out five distinct, broad areas of concern and makes 18 specific recommendations to fix them, including the creation of anonymous sexual-violence reporting systems on campuses and an independent, community-based oversight body to review universities' responses to sexual violence.

Perhaps most troubling for governments seeking to legislate change, the report suggests that Ontario's Bill 32, the widely lauded sexual assault policy that has formed the basis of similar bills in B.C. and Manitoba, will direct schools to focus resources in the wrong places.

The five major findings:

1. There are pervasive rape myths on campuses, and staff often blame victims or discount their stories. The common university "risk-management approach" frames survivors as a problem to be solved

2. Survivor-centred policies, while intended to give victims of sexual violence agency, actually function to silence and minimize rape on campus

3. "Institutional silos" at schools create a "frustrating bureaucratic nightmare" for survivors and, at worst, "justify inaction by respective units throughout the university"

4. A broad lack of education for students and training for staff on healthy sexuality and sexual violence perpetuates rape myths

5. Survivor resources are both difficult to access and poorly staffed.

Over four months, from this past March to June, the research team completed an extensive review of existing literature, and noted a disturbing lack of comprehensive campus sexual-violence studies in Canada. They conducted site-specific research at three universities — Carleton, Lakehead, and Waterloo — where they interviewed sexual-assault survivors, administrators and service providers, campus security and police, and students. What surfaced was an insidious and widespread systematic failure to make campuses safer and support those who are harmed by sexual violence.

"A defining feature of university responses to sexual violence is the absence of formal reports," the researchers concluded — a fact that administrators attribute to the wishes of survivors who prefer "informal remedies." Not only do those remedies often prove lacking, but the lack of formal reports deliver a silencing effect, giving schools an excuse not to collect data that would more accurately represent the prevalence of sexual violence.

When survivors do report, they feel "bounced around" between "sexual assault centres, equity offices, health and counselling, academic support services, deans and VP students as well as campus security," none of which "appear to be in conversation with each other, even when it was about individual cases," the report concludes. The researchers found no system to monitor disclosures of sexual violence, and no system for consistent information sharing at any of the schools. In effect, no one is tracking perpetrators.

Better reporting is a cornerstone of the Ontario Liberals' new bill on sexual violence on campus, and then B.C.'s and Manitoba's. But while the report certainly calls for a more streamlined process, it also suggests universities should "move beyond" this effort and "concentrate more on service provision, informal remedies and the prevention of sexual assault."

Since so few survivors want to make formal reports, schools have a better shot at serving them via counselling and health services, academic help and safety plans that help survivors avoid their abusers, researchers concluded.

Dawn Moore, the principal investigator, said she's cautiously optimistic the report will be translated into on-the-ground changes, and she cited this particular cultural moment around sexual assault: "In the 20 years I worked on violence against women, this is the first moment in history where I've felt like maybe we have a chance," she said.

To that end, a spokesperson for the Ministry of Community Safety and Correctional Services, which is reviewing the report, told Metro, "This research may help us identify gaps and potential best practices and support the development of tools to improve police responses and investigations across the province."

At the highest level, Moore said, she hopes the report forces "universities to stop thinking about sexual violence as a risk to be managed."

And at the very least, it's given lie to years of lip service that universities are doing all they can to help survivors of sexual violence, and end campus rape.

PROGRESS? A student wears a "No means no" badge at a rally at Saint Mary's University in 2013. A new report has dealt scathing rebukes at government reforms aimed at curbing rape culture at Canadian universities. THE CANADIAN PRESS FILE

Liberals' economic goals depend on world forces

Paul Wells

But enough of summer silly-season stories. Justin Trudeau's biggest problem isn't that he has spent August wearing only half his clothes. It's that Canada has spent 2016 wearing only half its economic growth.

The other day I caught up with a Liberal who's involved in preparing next spring's federal budget. It's supposed to be the fun one. New governments' first budgets are normally delivered within only a few months after an election by rookies unsure of their roles, offering only tweaks to the previous government's assumptions and work habits. With the second budget, a government can begin to etch its philosophy into the books.

Finance Minister Bill Morneau's budget next February or March will lay out the details of Phase Two of the government's infrastructure plan, dozens of billions of dollars in new money for high-profile city-building projects, big new transit projects, and the like. Other measures should describe the transition to a lower-carbon, higher-innovation economy. All of this is what the Liberals suppose they were elected to do.

So why was my acquaintance so glum? Low growth.

"We say that everything we do, taken together, will add a point to GDP growth," this person said. "Well, first, we'll see whether we can do that. But, second, it depends what level of growth we're given by the global economy. ... It doesn't help all that much if that means growth goes from 1 per cent to 2 per cent."

When the Liberals wrote their election platform in the spring of 2015, the Bank of Canada was projecting 2.5 per cent GDP growth for 2016. By last October, the bank had cut the projection to 2 per cent. Last month, the bank revised down again, to 1.3 per cent.

Compare and contrast. For four wild years at the end of the 1990s, from 1997 to 2000, GDP growth soared between 4 and 5 per cent. Those were the days when Jean Chrétien and Martin launched the Canada Foundation for Innovation and the Vancouver Agreement, cut income taxes by an amount comparable to Stephen Harper's later GST cut, and still managed to sharply increase cash transfers to the provinces.

Those heady achievements were fuelled by collapsing interest rates, the first internet tech boom, and the happy coincidence that Ontario was tucked into the middle of the United States during a rampaging economic recovery.

None of this can be said today. Interest rates aren't going much lower. There's a sense that tech has coughed up all the productivity gains it could have offered. And while Hillary Clinton's election seems likelier every day, she has no magic plan to boost growth in our largest export market.

There is only so much any Canadian government can do to influence the country's economy; we are captive to world trends. And sharply limited growth would put a low ceiling on all the Trudeau government's aspirations.

In two weeks Trudeau's cabinet will travel to northern Ontario for the third in a series of quarterly retreats. The first two were relaxed and upbeat. This one will have an edge. The boss plainly took care to ensure he enjoyed his summer. Here's hoping the rest of them did too. Recess is over.

Paul Wells is a national politics columnist for the Toronto Star.

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A look behind mushroom magic

CONSUMER KNOWLEDGE

Company says it can block bitter taste — is that possible?

Genna Buck
Metro Canada

It's a simple, smart business idea that addresses a real need.

ClearTaste, an odourless, tasteless food additive derived from mushrooms, blocks the action of bitter taste receptors on the tongue, making bitter, sour, and astringent foods more palatable.

Adding it to naturally bitter foods like chocolate, according to the Colorado-based producer, MycoTechnology, allows the sugar content to be reduced by 50 to 90 per cent.

In an interview, MycoTechnology's marketing director Josh Hahn declined to describe ClearTaste's chemical composition, exact mechanism of action, or, citing trade secrets, the types of mushrooms it contains.

And the company's scientists haven't published any peer-reviewed research yet, although they're at work on a paper now.

This poses a bit of a pickle for consumers. Without much information to go on, it can be hard to evaluate whether a product's claims are supported by sound science.

ClearTaste is already on the shelves in U.S. processed foods, and it's expected to arrive in Canada as soon as this fall.

Marketed as a "universal bitter blocker," a boon for diabetics and healthy eaters, ClearTaste has been the subject of some breathless media reports.

"Researchers have finally discovered the key to naturally stripping sugar from all our foods," gushed Atlantic Media's Quartz site. "This All-Natural Solution Could Curb Our Sugar Addiction," enthused PSFK.com.

But Dr. Prashen Chelikani, a professor of oral biology who runs at lab at the University of Manitoba that develops bitter blockers, had a word of caution about the phrase "universal bitter blocker."

"In humans we have 25 bitter taste receptors," he said. "If it's blocking all 25, they can classify it as a universal bitter blocker. Right now, I don't know of a blocker that can block all 25 receptors."

ClearTaste most likely contains one or more of the 13 bitter blockers currently known to science, Chelikani explained, and perhaps something else that blocks sour receptors (those are a totally different thing, structurally speaking).

But there's no way to know unless the company publishes that information, he said, and "some companies don't publish."

MycoTechnology CEO Alan Hahn said the company plans to protect ClearTaste with some combination of patents — whereby more information about how it's made and what it contains would be made public — and trade secrets, which are, as the name suggests, secrets.

FOOD

When is ClearTaste coming to Canada?

MycoTechnology is working with B.C.-based GLG LifeTec on a low-calorie sweetener containing its bitter blocker ClearTaste plus stevia leaf, which naturally has bitter and metallic notes.

When pressed on the term "universal bitter blocker," he clarified that the product is "functionally universal": It works on all the bitter foods and drinks the company has tried it in. However, it's not technically universal, because it doesn't block all 25 receptors.

University of Toronto genetics professor and open innovation advocate Aled Edwards encouraged consumers to be skeptical of all natural health remedies and functional foods, not just bitter blockers.

"Science is used as a marketing tool, not as a discipline."

MycoTechnology's work raises interesting questions about sharing scientific knowledge in the public interest, because there are important applications for bitter blockers.

For example, children's tolerance for bitter medications is very low, and though nasty-tasting meds are masked with sweeteners, that only works up to a point, Chelikani said.

Plus, he said, bitter receptors exist in other parts of the body, like the gut. Their function is still being discovered. But they could become important drug targets in the future.

Hahn didn't have much to say about the possibility of other applications of the chemicals in ClearTaste. The company is focused on foods for now. "If there are other applications, we'd like to understand what the possibilities are. It really depends," he said.

Illustration: Companies like MycoTechnology, which makes bitter blockers using mushrooms, keep a lot of their science to themselves. This makes it hard for consumers to evaluate whether claims are supported by evidence. ISTOCK

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THIS WEEK: Hot dogs

If summer outings have you indulging in one too many hot dogs, swap it for the occasional veggie dog.

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HERE'S WHY

Equivalent to three 6" Roast Beef subs from Subway in fat

From ballgames to BBQs, hot dogs are a popular and easy pick in the summer, but I urge you to limit these processed forms of meat. These hot dogs are made with mechanically separated chicken, pork and beef, and also contain sodium nitrite, which has been linked to an increased risk of certain cancers. They also have three times more calories and a third more sodium than the veggie dog, which has virtually no fat compared to the hot dog.

Correction: Last week's column incorrectly stated that the Dairy Queen Cotton Candy Blizzard was equivalent to two 2L bottles of Coke in sugar; it should have stated two 16oz bottles of Coke in sugar.

RECIPE

A refreshing way to sip your greens

You may be tempted to grimace. But this perfect refreshing summer soup from the Serious Eats food blog is pretty and simple to make. Soup is a tasty way to change things up and still get your greens. It's also a good way to use those sad leaves accumulating at the bottom of your crisper. Experiment with mixed lettuces, arugula and watercress; avoid tasteless iceberg.

Hot or cold creamy lettuce soup

Ingredients:

- 2 tbsp (30 mL) butter
- 1 medium onion, chopped
- 4 cloves garlic, sliced
- 2 cups (500 mL) vegetable or chicken stock
- 4 cups (1L) tightly packed lettuce, core and roots trimmed and leaves torn
- 1/4 cup (60 mL) parsley leaves
- Fresh lemon juice, to taste
- Kosher salt and freshly-ground pepper, to taste
- Optional garnishes: crispy crumbled bacon, halved grape tomatoes, sprigs of cilantro or parsley

Lettuce soup from Serious-Eats.com. TORSTAR

Directions:

1. In a large saucepan, melt butter over medium heat until foamy. Add onion and garlic and cook until softened, about 3 minutes. Add stock and simmer until vegetables are very tender, about 8 minutes. Add lettuce and parsley and simmer until wilted and soft, 2 to 3 minutes.

2. Transfer to blender in batches and blend, starting at lowest speed and increasing to high, until soup is smooth and creamy. If too thick, add stock. Season with lemon juice, salt and pepper. Garnish and serve. TORSTAR NEWS SERVICE

FOOD BRIEF

Toast the Olympics with a Brazilian spirit

When it comes to a post-performance liquid our Olympic athletes in Brazil may have to contend with cachaça (kah-SHAH-sa): Brazil's most popular alcohol-based beverage.

Though made with sugarcane juice (rather than molasses like most rums) cachaça often gets lumped in with the rum category much to the chagrin of Brazilians who consider it a more refined spirit.

Refined may be a bit of an overstatement. Taken straight cachaça can taste like it's been filtered through a used sweat sock. That's why, here in Canada, versions like the surprisingly smooth Leblon Cachaça (700ml, $37.29-$38.33) are used more as the base for tropical-style drinks. The simple to make caipirinha (kye-peer-EEN-yah) is Brazil's national cocktail. Just muddle half a lime cut into wedges with a half teaspoon of sugar then add the cachaça and some ice. PETER ROCKWELL/METRO

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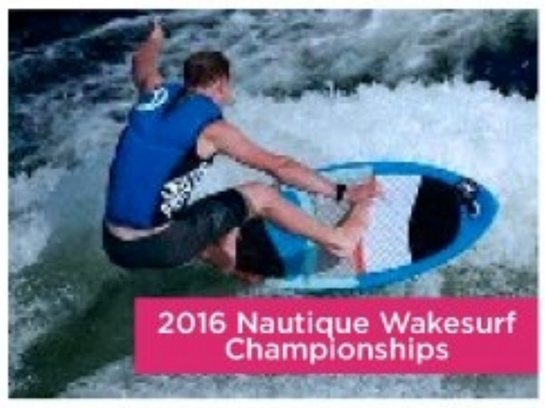

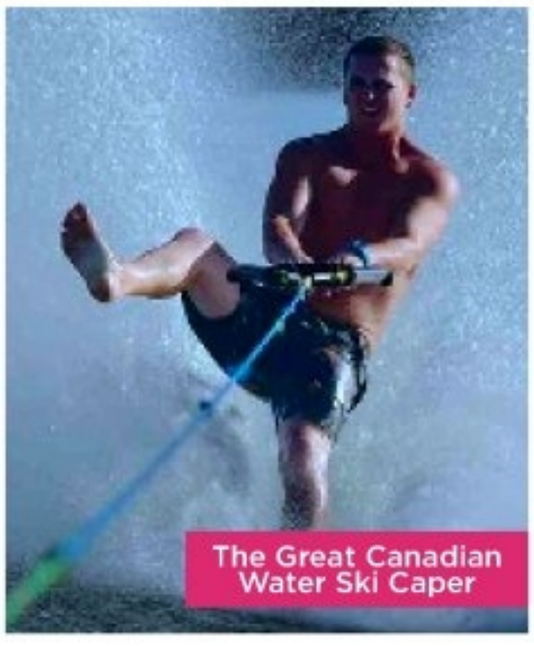

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JOHANNA SCHNELLER **WHAT I'M WATCHING**

Cool it on the smack talk and goading, NBC

NBC tried to milk a controversy between U.S. swimmer Lilly King and Russian swimmer Yulia Efimova. GETTY IMAGES

THE SHOW: The Rio Olympics, Sunday and Monday night (NBC/CBC)
THE MOMENT: NBC's goading commentators

After Sunday's heat, Russian swimmer Yulia Efimova holds up her index finger, No. 1.

From the warm-up room, U.S. swimmer Lilly King wags her finger back.

NBC commentators, including Rowdy Gaines and Dan Hicks, go nuts.

"She is saying not so fast, Efimova," they cry. They go on and on.

King bests Efimova's time. She holds up No. 1. The NBC reporter on the floor pounces. "You're shaking your finger No. 1, and you've been caught for drug cheating," King says of Efimova. "I'm just not a fan."

The NBC team is delirious: A controversy they can milk! Monday, during the King/Efimova medal race, they keep saying, "This is who Lilly is, brave, gutsy, open." Um, she's racing for a medal, not to "make a statement."

King wins. Afterward, an NBC reporter fearlessly puts words into King's mouth: "Have you made a statement here?" She has to ask more than once, but finally King says, "I hope I showed we can compete clean and win." Jackpot!

Call me old-fashioned, but I thought the Olympics were about peaceful competition, not reporters goading athletes to talk smack to goose their ratings.

Don't get me started on how desperately Gaines and Hicks wanted a fist fight to break out between Michael Phelps and Chad Le Clos, who beat Phelps in London, in the warmup room Monday. Le Clos danced while Phelps glowered. The NBC team hooted like schoolyard-bully-enablers. "Maybe we shouldn't air the next heat, and just stay on this," they crowed. "This is great television!"

If you have to instruct your audience, "This is great television," maybe it isn't. Grow up, NBC.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

FESTIVAL NEWS

TIFF gets Blair Witch, DiCaprio doc

A Blair Witch sequel and Leonardo DiCaprio's documentary The Turning Point will both have world premieres at TIFF.

Star-studded thrillers and horrors, and the world premiere of Leonardo DiCaprio's documentary The Turning Point are bound for the Toronto International Film Festival.

On Tuesday, organizers unveiled this year's lineup of docs and shorts, as well as dark, twisted and boundary-pushing films for the edgy Midnight Madness program.

Among the highlights is DiCaprio's climate change doc, which he made with actor-filmmaker Fisher Stevens, who won an Oscar for producing The Cove.

Meanwhile, Adam Wingard's forest horror Blair Witch will make its world premiere in the Midnight Madness lineup.

Ben Wheatley's Free Fire will open that program, with Brie Larson, Cillian Murphy and Armie Hammer starring in the story of a gun sale that goes awry.

A giant creature attack on South Korea is the focus of the Vancouver-shot Colossal by Nacho Vigalondo, starring Anne Hathaway and Jason Sudeikis.

In the dystopian cannibal fairy tale The Bad Batch by Ana Lily Amirpour — starring Jason Momoa, Jim Carrey, Giovanni Ribisi, Keanu Reeves and Suki Waterhouse — society's rejects inhabit a Texas wasteland.

Jason Schwartzman, Lena Dunham, Maya Rudolph and Susan Sarandon are among the stars in the world premiere of comic-book writer Dash Shaw's My Entire High School Sinking Into the Sea, about a calamity that strikes a school.

Other feature highlights include: the sci-fi thriller The Girl With All the Gifts with Glenn Close; The Autopsy of Jane Doe with Emile Hirsch; and Paul Schrader's crime thriller Dog Eat Dog starring Nicolas Cage and Willem Dafoe.

Documentaries highlights also include:

- Rats by Morgan Spurlock.
- The 6th Beatle, about promoter Sam Leach.
- Chasing Trane: The John Coltrane Documentary, about the revolutionary jazz artist.
- Amanda Knox, which looks at the American woman who convicted and acquitted of the brutal killing of her British roommate.
- Werner Herzog's volcano documentary Into the Inferno, which he shot in regions including North Korea and Ethiopia.

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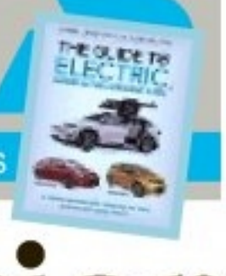

Family-friendly weekend warrior

ALL PHOTOS PETER BLEAKNEY

REVIEW

New Crosstrek great on trails, but a bit blah in the city

Dan Ilika
AutoGuide.com

A void was left in the market when the Honda Element was scrapped, one that was quickly filled by the Subaru Crosstrek.

Both took aim at the adventurous type, or at least those who like to project that image. From getting groceries to getting outdoors, you'd be hard-pressed to find better family-friendly weekend warriors.

Unlike the Element, though, the Crosstrek is usable for more than just looking like the boxes you're carrying behind the tailgate. It offers the ride height and commanding view of the road consumers crave. And unlike its competitors, the Crosstrek gets its bones from the compact Impreza, giving it a leg up when it comes to versatility.

The Crosstrek may look like an Impreza hatch with a bunch of plastic bits bolted to the side, but it's much more than that — kind of. Yes, the two share the same powertrain and basic architecture, but the Crosstrek sets itself apart from its platform mate almost immediately. Its wheelbase is about half an inch shorter than the Impreza hatch, and it rides much higher, with the Crosstrek's 8.7 inches of ground clearance matching the likes of the Jeep Cherokee when it comes to clearing obstacles.

The fender flares and body cladding — that stuff's mostly just for show. But the all-wheel drive and locking centre differential that promises a 50/50 torque split — those are the real deal, and they bring a certain level of legitimacy here.

The Crosstrek comes alive when the trail begins, and feels confident that it can tackle just about any terrain. Its engine isn't the most powerful, but it's more than enough for light trail duty, while the standard five-speed manual allows for the torque control necessary to negotiate less-travelled paths. The locking centre diff fights off any loss of traction that inevitably occurs, and the suspension has enough travel to handle all sorts of rocks, ruts and roots.

So where does it go wrong?

Get back to the asphalt and the Crosstrek loses almost all its personality. The chassis and drivetrain that is so communicative on the trail simply isn't on the road, getting lost somewhere on the way and leaving the Crosstrek feeling like a pretty pedestrian compact that offers very little to get excited about.

The Crosstrek's saving grace when it's back to civilization is its versatile interior. It's spacious and comfortable, and can haul around just about anything you'd want, because unlike the subcompact-based competition, the Crosstrek's larger dimensions translate into more passenger and cargo room.

THE CHECKLIST | 2016 SUBARU CROSSTREK MANUAL

THE BASICS

Engine: 2.0L four-cylinder
Power: 148 hp, 145 lb-ft
Transmission: Five-speed manual; CVT
Fuel Economy: 10.2 L/100 km city, 7.7 L/100 km hwy (manual)
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BMW restores Presley's roadster

CONCOURS D'ELEGANCE

Elvis' 507 restored

BMW has a real treat in store for those attending the 2016 Concours d'Elegance at Pebble Beach. The German automaker calls it "one of the most spectacular classic-car discoveries of recent times," and it might very well be. BMW Group Classic has found and restored the BMW 507 driven by U.S. musician Elvis Presley while he was doing his military service in Germany. It was originally believed that the car disappeared for nearly 50 years, but after almost two years of painstaking restoration, BMW is ready to present the roadster. Naturally it was a daunting task to restore the roadster to its former glory. The original body parts and other components were virtually all present and intact, but the car had lost its engine and gearbox, while the rear axle was a replacement part of unknown origin. Rust was also eating away at the floor assembly.

JASON SIU/AUTOGUIDE.COM

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CONCEPT CAR OF THE YEAR

Avista Concept gets noticed

Since its debut earlier this year at the 2016 Detroit Auto Show, the Buick Avista Concept has been on display at various auto shows and events in the U.S. Recently, the Buick Avista received the 2016 Concept Car of the Year and the Most Significant Concept Vehicle of the Year awards. The awards recognize the vehicle that makes the strongest impact in terms of automotive design, engineering and market responsiveness. JASON SIU/AUTOGUIDE.COM

ROYALTY

Saudi Prince snaps rare cars

Bugatti just sold two extremely rare concept cars to the highest bidder. The purchaser, Instagram user b14, is said to be a member of Saudi Arabia's Saud ruling family. Bugatti sold him the actual Chiron that was presented to the world at the 2016 Geneva Motor Show alongside the Bugatti Vision Gran Turismo Concept, a car created purely for a fantasy world. STEPHEN ELMER/AUTOGUIDE.COM

IN BRIEF

Fiat Chrysler Automobiles ends U.S. car production

Once bailed out by the U.S., Chrysler will no longer be producing cars in the U.S. by early next year. Chrysler has changed quite a bit since its bailout, having been acquired by Fiat and renamed Fiat Chrysler Automobiles. And now, the company's U.S. plants will focus solely on producing Jeep SUVs and Ram pickup trucks, as it winds down production of the Chrysler 200 and Dodge Dart. JASON SIU/AUTOGUIDE.COM

CONVERTIBLES

Buick Y-Job joins Register

The Buick Y-Job is the 14th car to join the National Historic Vehicle Register.
Many regard the Buick Y-Job as the first American concept car, originally designed to predict the trends of the 1950s and beyond. As a two-door convertible built on a Buick chassis, the Buick Y-Job is powered by a Buick Series 50 engine. And although the engineers experimented with certain features on the engine, the Y-Job is most well known for its design.
JASON SIU/AUTOGUIDE.COM

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Start-stop: Fuel saver or a non-starter?

The average driver will save about four per cent in fuel costs using a stop-start system. With city drivers, that number can double. ISTOCK

TECHNOLOGY

Usefulness of system lies in how it's used

Sami Haj-Assaad
AutoGuide.com

Many new cars come with automatic engine start-stop. These systems are designed to save the fuel wasted at idle by turning the engine off when you come to a stop, and are becoming increasingly common.

But the fuel spent during idle seems insignificant, right? Even the EPA's fuel economy tests seem to downplay the importance of these systems. How much fuel can really be saved, and can everyone benefit from this technology, even if they spend most of their commute on the highway?

Here's how it works for the driver: when you come to a stop, like you would at an intersection and hold the brake while you wait for the light to turn green, the engine will shut off. On cars with manual transmissions, you usually have to put the car into neutral in order for the engine to shut off. As soon as you let off the brake or engage the clutch, the engine will automatically and quickly fire up, so you can get on your way again. These frequent restarts require a different starter motor that's more robust and paired to a different, tougher battery.

Unlike when you turn off your car entirely, the rest of your car's features will remain on even if engine start-stop system is active. That means you still get A/C, radio, navigation and all that. A bigger battery helps with that, and some cars even feature an extra battery or a super capacitor.

Still, despite updates to the new five-cycle EPA test, it may be hard to see the tangible benefits of an engine start-stop system.

"The engine idle duration for this test is fairly representative," explains Thomas Recke, a PR specialist for Continental Automotive, an automotive supplier that provides engine start-stop technology to automakers.

"However, the idle time is stressed with extreme temperatures: the A/C test cycle exposes the engine to 35 C, whereas the cold city test is performed at -7 C. The engine must remain on in order to provide climate control."

This helps to explain the unimpressive EPA ratings of cars with engine start-stop.

It also helps to point out that the effectiveness of engine start-stop systems can fluctuate for a number of reasons.

"Fuel savings will vary depending on the type of start-stop system, driving style and driving cycle," explained Recke. "The average U.S. driver with a basic system will save around four per cent."

He also explained that more advanced systems, like those used in mild or full hybrids, can improve savings even more.

A four per cent improvement in fuel economy isn't too shabby, but Recke pointed out that can change drastically based on what kind of driver you are and the type of commute you have.

A city driver, for example, who can spend about a quarter of their drive time stuck idling in traffic can see an improvement up to eight per cent by driving a car with an engine start-stop system. On the other hand, aggressive drivers who roll through their stops or drivers who spend much of their time on the highway will see less of a change.

Eliminating rolling stops as well as creeping after engine stop will help maximizing the fuel savings.
Thomas Recke, Continental Automotive

IN BRIEF

Takeaway points

- It's clear that there are some benefits with these systems, but it may depend completely on how you drive.
- If you think you're spending too much of your commute idling, then you can probably earn a few km/Ls by owning a car with engine start-stop.
- But don't forget that the extra load on the battery may cause it to wear out sooner, and it may be more expensive to replace.

metro RIO

Montreal's Eugenie Bouchard and Ottawa's Gaby Dabrowski were ousted from doubles following a loss to Lucie Safarova and Barbora Strycova

Canada cast in bronze

RIO2016

Third-place diving finish keeps medals rushing in

Divers Roseline Filion and Meaghan Benfeito kept Canada's medal streak going at the Rio Summer Games with another bronze medal.

Filion, of Laval, Que., and Benfeito, of Montreal, were third in the women's 10-metre synchronized diving event Tuesday. They were fifth heading into the final round, but a botched dive by the North Koreans gave Filion and Benfeito an opening for a podium finish.

And they nailed it on their final dive — an inward 3-1/2 somersault — for a score of 80.64 points to finish with 336.18 overall behind two Chinese teams. Filion and Benfeito, who were bronze medallists four years ago in London, gave Canada its fourth bronze medal and fifth overall.

"It was crazy. We knew we needed a really good dive on the last one to have a chance at the podium," Filion said. "We went up there really calm, looked at each other and told each other, 'We got this,' and we ended up with a great last dive."

Canada's only non-bronze medal came in the swimming pool, a silver captured by 16-year-old Penny Oleksiak in the women's 100-metre butterfly final on Sunday. Canadian athletes have won at least one medal on each day of competition so far.

Filion and Benfeito make up half of the "Fab IV" on Canada's diving team. Filion, Benfeito, Jennifer Abel and Pamela Ware all have medal potential in Rio as Abel and Ware missed the podium in the three-metre synchro by less than a point.

"Fab" is an acronym — F for Filion, A for Abel, B for Benfeito, and the Roman numeral IV is a stylized W for Ware. All four women will now shift their focus to the individual events.

The competition was held outdoors for the first time since the 1992 Barcelona Games.

Meanwhile in Brasilia, the Canadian women's soccer team exorcised some demons with a 2-1 win over Germany to conclude the preliminary round. Melissa Tancredi had both goals as Canada withstood a late barrage from the second-ranked Germans to improve to 3-0-0 to finish atop Group F. More importantly, Canada earned its first win in 13 games against Germany.

"I am just proud of this team," Tancredi said. "To be able to put two goals past a tier-one opponent and really state our spot in this tournament is really huge for us."

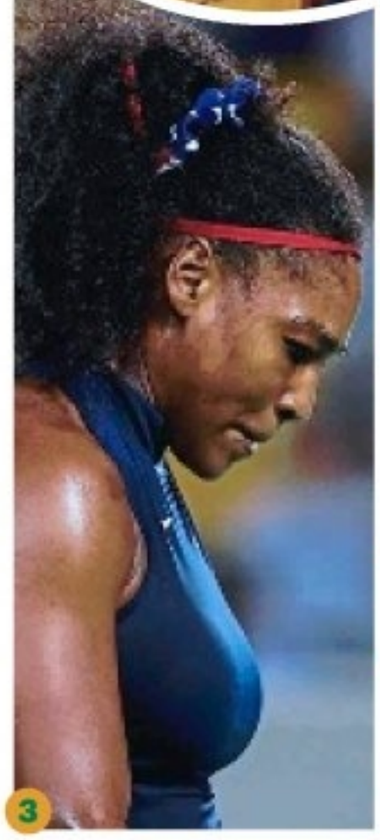
Both teams had already clinched quarter-final berths. The Canadians will play the runner-up in Group G on Friday in Sao Paulo.

THE CANADIAN PRESS

GETTY IMAGES

WATER COLOUR
The colour of the water in the diving pool Tuesday was a putrid green, and there was no immediate word on what caused the colour change.

GETTY IMAGES



1 **Canadians take one from hosts** — Canada's Ben Saxton and Chaim Schalk earned a three-set win over Brazilians Evandro Goncalves Oliveira Junior and Pedro Solberg in beach volleyball.

2 **More gold for Phelps** — American swimmer Michael Phelps added to his record Olympic gold-medal haul on Tuesday night with a win in the 200-metre butterfly final. He finished ahead of Japan's Masato Sakai and Hungary's Tamas Kenderesi for his 20th gold and had a chance for more in the 4x100 freestyle relay final later in the evening.

3 **Serena eliminated in Round 3** — Serena Williams was eliminated from the women's singles tournament in a straight-sets loss to Ukraine's Elina Svitolina.

4 **Wei makes weightlifting history** — China's Deng Wei won Olympic gold and set a world record in women's weightlifting, hoisting 147 kilograms in the clean and jerk and 115 in the snatch for a total of 262. Her clean and jerk lift also broke her world record by one kilogram.

THE CANADIAN PRESS/THE ASSOCIATED PRESS; PHOTOS BY GETTY IMAGES

RIO in brief

Kiwi rugby hopes cloudy

Sonny Bill Williams was helped off the field with an injured left ankle during New Zealand's shocking 14-12 loss to Japan in its first game of rugby sevens at the Olympics.

Sonny Bill Williams
GETTY IMAGES

The 12-time world series champions and one of the leading contenders for the first rugby medals awarded at an Olympics in 92 years, the New Zealanders struggled against the high-energy team from Japan.

Marta's big moment

While Neymar has been a disappointment for the Brazilian men's soccer team, Marta has been a revelation.

Playing in front of her home fans in the Olympics has given Marta Vieira da Silva her the chance to shine. She had two goals in a victory over Sweden on Sunday before Tuesday night's match against South Africa.

Marta
GETTY IMAGES

Media bus hit by projectile

Two windows were shattered Tuesday when an Olympic bus carrying journalists was hit by an unknown projectile. There were no serious injuries.

"We don't know yet if the bus was shot, or it was a stone," organizing committee spokesman Mario Andrada told The Associated Press.

Andrada said three of the 12 journalists on the bus suffered minor injuries. Two windows were shattered, with tiny chards of glass remaining in place.

"There was kind of a popping noise and something hit two windows on the side of the bus and left two hole marks, which looked like bullet holes," said David Davies, a photographer for the British-based news agency Press Association.

THE ASSOCIATED PRESS

metro SPORTS

Former first-round NFL draft pick and 2007 Heisman Trophy winner Tim Tebow plans to hold a workout for MLB teams this month

Welcome to Madchester

EPL

After frenzied splurges, crazy race begins for United and City

They've hired the two most coveted coaches in world football. Their spending on new players this off-season has just shattered the $300-million barrier. Their stated aim is to win the English Premier League.

Make no mistake: The Manchester clubs mean business.

It was clearly an affront to United and City that they ended up fighting it out for fourth place in the Premier League last season. Standards slipped, rivals stole a march, a big reaction was needed.

So United hired Jose Mourinho as coach, made a statement signing in Swedish superstar Zlatan Ibrahimovic, and has just broken the world-record transfer fee to lure France midfielder Paul Pogba for around $116 million U.S.. Forget being satisfied just making the top four: Mourinho, a win-at-all-costs coach, is demanding the title.

"I want to win," Mourinho said on being hired. "I think we can really, yes."

By the time Mourinho was confirmed at United in May, City had already secured the signature of Pep Guardiola. It renews a coaching rivalry in Spain that sparked and occasionally got nasty when Mourinho was in charge of Real Madrid and Guardiola at Barcelona.

And Guardiola has set about bringing more youth, pace and intensity into City's squad by signing six players — including Leroy Sane, Nolito, teenage Brazilian prodigy Gabriel Jesus and Ilkay Gundogan — for around $130 million.

This is the biggest test of Guardiola's coaching career after his trophy-laden spells with Barcelona and Bayern Munich.

"Our objective," City chief executive Ferran Soriano said, "is to get to the end of the season with chances to win everything."

For the hotbed not just of English football but the world game, look no further than Manchester.

In 2012, City and United were the central figures in the most exciting end ever to a Premier League season, with the blue half winning the title on goal difference. They also finished as the top two teams the following season, this time United winning the league.

Since then, United hasn't finished higher than fourth. City has won the league once more (in 2014), which is widely considered a poor return given the wealth and players at the disposal of a club owned by the Abu Dhabi royal family.

Mourinho and Guardiola will shake things up. They have each captured 22 major trophies and have coached the biggest names in the sport. They have an intense work ethic and are among the most ruthless managers around. They are winners, pure and simple.

It's no wonder, then, that there's often fireworks when they meet. For the moment, there's a truce but there will be as much focus on the dugouts and technical area as on the field during the first Manchester derby of the season on Sept. 10 at Old Trafford. As for their new teams, there are many questions to be answered.

At United: Will the one-paced strike partnership of Ibrahimovic and Wayne Rooney be a success? Will Pogba be weighed down by the record price tag? How long will it take for Mourinho to change United players' mindset from the Louis van Gaal era?

At City: Can Guardiola adapt to the gruelling, competitive nature of the Premier League? Does the team still rely too much on injury-prone stars Sergio Aguero and Vincent Kompany? Is City's defence good enough to win the league?

At least one of these two superpowers will come up short in the Premier League this season. Maybe even both, considering Chelsea, Arsenal, Tottenham and even Liverpool are live contenders for the title, not forgetting defending champion Leicester.

Reputations are on the line, but United and City couldn't have done much more to get their teams in the right shape for the new season.

THE ASSOCIATED PRESS

Pep Guardiola and Jose Mourinho have talent on their hands. GETTY IMAGES/THE ASSOCIATED PRESS

STONES JOINS

John Stones became the second most expensive defender in football history on Tuesday, joining Manchester City for 47.5 million pounds ($62 million U.S.) from Everton as the latest solution to the club's defensive issues.

THE ASSOCIATED PRESS

MLB

Rays have their way with Jays pitching

Marco Estrada had one of his shortest outings of the season in the Toronto Blue Jays' 9-2 loss to the Tampa Bay Rays on Tuesday night.

The Blue Jays all-star yielded three runs (two earned) on seven hits and four walks over five shaky innings. It was only the third time in 21 starts this season that Estrada (7-5) has failed to make it through at least six innings.

Evan Longoria drove in three runs and Logan Forsythe had a solo homer and two RBIs for Tampa (46-66). Drew Smyly (4-11) pitched six innings for the win.

At Rogers Centre

9	2
RAYS	BLUE JAYS

Devon Travis and Melvin Upton Jr., on a sacrifice fly, drove in runs for the Blue Jays (64-50), who entered the night tied with Baltimore (63-48) for control of the American League East.

Estrada struck out Luke Maile on his 113th pitch. He ended the night with six punchouts.

Toronto's bullpen, strong last week on the road, gave up six runs over four innings of work. THE CANADIAN PRESS

MLS

Giovinco named player of the week

Toronto FC forward Sebastian Giovinco was named Major League Soccer's player of the week Tuesday.

Giovinco registered his fourth career hat trick — the second in four matches — in helping Toronto earn six points and tie a club record with four straight victories.

15

Giovinco has 15 goals in 22 MLS matches this season.

The four three-goal performances leave Giovinco just one short of the league record, currently shared by nine players.

Giovinco led Toronto FC to a 4-1 home win over New England Revolution on Saturday. The squad also beat Real Salt Lake 1-0 at BMO Field on Wednesday.

In-form Toronto FC resumes action Saturday night hosting the Houston Dynamo at BMO Field.

THE CANADIAN PRESS

IN BRIEF

A-Rod gets nod to start in final game at Fenway Park

Alex Rodriguez will only start in Thursday's finale of the New York Yankees' three-game series at the Boston Red Sox before playing his final game in pinstripes at home on Friday night.

Manager Joe Girardi revealed the plans prior to Tuesday's series opener. After Friday's game against Tampa Bay, Rodriguez will be released and shift into a role as a special adviser.

THE ASSOCIATED PRESS

MLB

Fielder will have to quit playing: Source

A person with direct knowledge of the medical decision says Texas Rangers slugger Prince Fielder will have to quit playing baseball after his second neck surgery.

That person told The Associated Press that Fielder isn't formally retiring, but that doctors won't give him medical clearance to play.

Prince Fielder
GETTY IMAGES

The Rangers said that Fielder would hold media availability Wednesday.

Fielder had a cervical fusion on July 29 to repair a herniation between two disks in his neck. That was done just above the area where the 32-year-old Fielder had a similar surgery in May 2014.

THE ASSOCIATED PRESS

The Rays' Corey Dickerson slides across home plate to score a run against Blue Jays catcher Russell Martin on Tuesday night.

TOM SZCZERBOWSKI/GETTY IMAGES

Giants happy with Cruz control

NFL

Wait-and-see approach for star receiver

Victor Cruz may have to wait a little longer to play in a game for the New York Giants.

The wide receiver, who missed all of last season with a calf injury and has been limited to six regular-season games in the last two years, is looking iffy for the Giants' preseason opener against the Miami Dolphins after sustaining a groin injury in practice Tuesday.

Coach Ben McAdoo was taking a wait-and-see approach when asked whether the seventh-year receiver who was once one of the NFL's biggest playmakers would play on Friday night at MetLife Stadium.

Cruz also was uncertain, saying it usually takes a couple of days to get the tightness out. However, he was certain this was not a case of 'here we go again' with the injuries.

"I think I know the difference of something that is really bothering me and will take a long time and something that is just normal football training camp soreness, things that just come about as training camp goes on," Cruz said.

"I'm not having those doubts or those feelings in my mind right now."

His intention for now is to listen to his body and act on that.

"I went through one of my biggest workloads the last week and came back the next day and practiced and everything felt good," Cruz said. "My body has been good and responding well to the wear and tear of camp. I just want to keep putting things forward."

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New York Giants receiver Victor Cruz. GETTY IMAGES

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RECIPE Asian Lettuce Wraps

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

The zing of ginger and garlic and crunch of cashews make these Asian lettuce wraps better than any takeout you can throw at them.

Ready in 10 minutes
Prep time: 10 minutes
Serves: 4

Ingredients
- 1 lb (ground turkey)
- 1 Tbsp of vegetable oil
- 1 red pepper, diced
- 1/2 cup water chestnuts, diced
- 2 scallions, chopped
- 1 clove of garlic, minced
- 1 tsp ginger, minced
- 1 Tbsp rice vinegar
- 1 Tbsp soy sauce
- 1 Tbsp Sriracha
- 1 head of Boston or bibb lettuce
- small handful of cilantro, chopped
- small handful of unsalted cashews, chopped

Directions

1. Warm the oil in a large skillet over medium heat. Add the turkey and break it up with a spoon as it browns until almost cooked through.

2. Add the peppers, garlic and ginger and keep pushing everything around until it smells amazing and the vegetables begin to soften. Pour in the vinegar, soy and Sriracha, along with the water chestnuts and give it all a stir.

3. Check that the turkey has cooked through. Put the mixture in a serving bowl.

4. Place the meat, whole lettuce leaves, chopped cilantro and nuts on the table and let everyone assemble their lettuce wraps.

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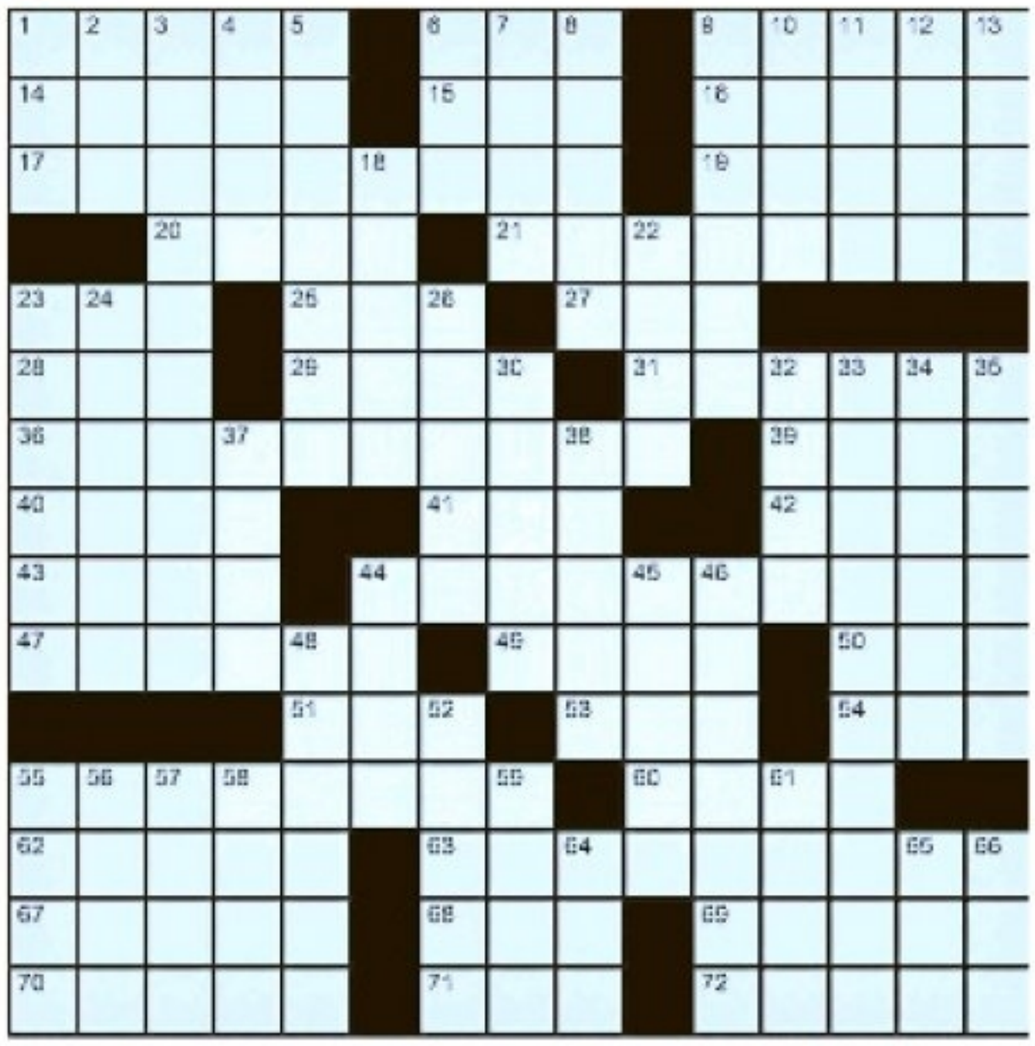
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. RIO 2016: Performance measurers in some sports
6. The Tragically _
9. Movie star Willem
14. Put on _ _ (Fake it)
15. Wheat: French
16. Catherine of "SCTV"
17. RIO 2016: Trained in the gym: 2 wds.
19. Western flick
20. _ _ fine line
21. RIO 2016: Seven-players-a-team court sport
23. Vox populi, vox _
25. Mil. rank
27. Half a Teletubby
28. Ms. Longoria
29. RIO 2016: Team Canada's symbol, Maple _
31. Boston nickname: 2 wds.
36. RIO 2016: Olympic sport
39. Ms. Braxton
40. Approve
41. RIO 2016: Rio's country, IOC-style
42. Mr. Onassis, et al.
43. The Yukon, e.g.
44. RIO 2016: Olympic sport, Artistic _
47. Ritzy expanse
49. Biblical son of Cush
50. Y-following alternative
51. Advantages
53. RIO 2016: IOC code for where Colombo is the capital
54. Poet's 'commonly'
55. RIO 2016: 'Village' denizens
60. Canadian star Mr. Thicke
62. "If" band
63. RIO 2016: IOC = International Olympic _
67. Mr. Manilow
68. Cooking amt.
69. Spiral-horned antelope
70. Madonna's "Vogue" beginning: "Strike _ _."
71. Musical note
72. President's Choice's Mr. Weston

DOWN
1. Spotted, to Tweety Bird
2. Veil heroine
3. RIO 2016: The Olympic sport of Judo: 2 wds.
4. Fashion designer, Marc _
5. Church part
6. Cable network
7. "_ _ Ya Papi" by Jennifer Lopez
8. Potpourri piece
9. "Zip-a-Dee-_-_"
10. Herman Melville's captain
11. Mirage, _ morgana
12. Mr. Hershiser
13. Nobleman
18. Tree servicing company
22. RIO 2016: _, anthem
23. Dedicate
24. Calls forth
26. Type of cat
30. Pasture places
32. State: French
33. RIO 2016: Apparatus in #44-Across, _ Bar
34. Worldwide relief agcy.
35. Actress, Jacqueline _
37. Vega constellation
38. RIO 2016: Pool separators
44. Mannered man
45. 'A.' of President James A. Garfield
46. RIO 2016: Olympic sport
48. Hippie t-shirt pattern
52. Factions
55. Swedish pop band
56. Pitfall
57. Saver of someone
58. Metallica's Mr. Ulrich
59. Fair
61. "Right back _ _!" (Likewise)
64. US speed meas.
65. 'Client' completer
66. 'Jacob' suffix

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
For the next six weeks, you want to travel and explore! You also want to explore opportunities in publishing, the media, medicine, the law and higher education.

Taurus April 21 - May 21
Disputes about inheritances, debt and shared property might not be settled until October. Until then, be reasonable and patient, because this will help you.

Gemini May 22 - June 21
While Mars is opposite your sign for the next six weeks, it's easy to be impatient with others. (They seem to be so annoying!) After that, things return to normal.

Cancer June 22 - July 23
You're keen to work hard on the job to show others what you can do. Be careful you're not too bossy; ultimately, this is counter-productive.

Leo July 24 - Aug. 23
Competitive sports might be a strong focus for you in the next six weeks. You intend to go after what you want in terms of social plans, vacations and romantic intentions.

Virgo Aug. 24 - Sept. 23
Be patient with chaos and increased activity at home, because by October, this insanity will be history. Just go forward one step at a time. Relax.

Libra Sept. 24 - Oct. 23
Your communication skills are strong and forthright now, and they will stay that way until October. Use this to study, sell and write, but don't overwhelm anyone.

Scorpio Oct. 24 - Nov. 22
Your determination to boost your income is admirable. The trick is to reduce your spending. No matter how much you earn, if you spend more, you're in debt.

Sagittarius Nov. 23 - Dec. 21
You love the outdoors. Since Mars is in your sign until October, grab every chance you can to pursue physical sports and outdoor activities, because you need this outlet!

Capricorn Dec. 22 - Jan. 20
Secret love affairs, as well as behind-the-scenes activities, are your focus for the next six weeks. When in doubt, take the high road, because secrets eventually come out.

Aquarius Jan. 21 - Feb. 19
Competition with a friend or with a group through physical sports will be strong in the next six weeks. This same energy makes you a group leader.

Pisces Feb. 20 - March 20
Your ambition is aroused much more than usual until October. You can use this energy to accomplish something important. Be aware of this.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

2		6			1		9	
				8			6	4
3		8	6	9				
6	3							
							5	9
				1	4	7		2
1	2			7				
	5		9			6		8

Difficulty Level ★★★★

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9	8	1	7	3	4	5	2	6
5	3	2	8	6	1	9	4	7
6	4	7	9	5	2	1	3	8
1	5	6	3	9	7	2	8	4
3	7	9	4	2	8	6	1	5
8	2	4	5	1	6	3	7	9
2	9	8	1	7	5	4	6	3
7	1	5	6	4	3	8	9	2
4	6	3	2	8	9	7	5	1

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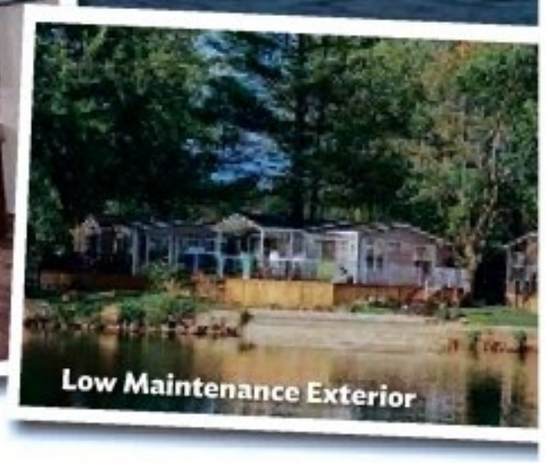

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